

Siwal Si'wes Indigenous Education  
Mission Public Schools

# Cultural Presentations 2025-2026



[Cultural  
Presentation  
Booking form](#)



[Cultural  
Presentation  
Feedback Form](#)

QR Codes & Links go to the online form

To book a Presenter or for further information  
contact your school's ILW (Indigenous Liason Worker)

**or**

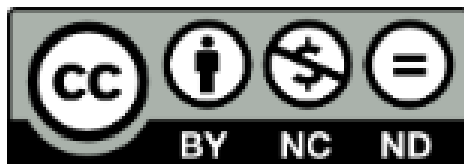
Phone: 604-826-3101  
email : marcy.buell@mpsd.ca

# **Siwal Si'wes Indigenous Education Mission Public Schools Cultural Presentations 2025-2026**



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Siwal Si'wes Indigenous Education Mission Public Schools  
Cultural Presentations  
2025-2026

INTRODUCTION & STEPS to book

Éy Swáyél,

Welcome to our Cultural Presentations 2025-2026 booklet! Our hope is to share a booklet that reflects the revised Cultural Presentations the Indigenous Department is able to offer. Lastly, please stay tuned where to find forms online and we appreciate your patience as we make changes to support you.

Sincerely,

Vivian Searwar

September 2025

## 4 STEPS FOR BOOKING



[Cultural  
Presentation  
Booking form](#)

QR Code and  
link to **NEW**  
online form





**REVISED**



**VS**

**Unrevised**

*K* → 12

Siwal Si'wes Cultural Presentations are under review. Those labeled as REVISED have recently been updated.

Those labeled as UNREVISED are currently in the queue to be updated.

As such, they **may not** be available. Check with the Indigenous Liaison Worker (ILW) at your school to confirm. And a friendly reminder, outside presenters are a cost incurred by your school/class.

LASTLY, the revised list is listed alphabetically by “Title”, in contrast to the unrevised list, which is listed by grade, then alphabetically.



**Siwal Si'wes Indigenous Education Mission Public Schools**  
**Cultural Presentations**  
**2025-2026**



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**Siwal Si'wes Indigenous Education Mission Public Schools**  
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Siwal Si'wes Indigenous Education Mission Public Schools  
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Unrevised  
R-12

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# Title: Cedar ONE

## Picture



## Core Competency



I gather the basic  
information I need and  
present it. (Profile 3)

I acquire the information I  
need for specific tasks and  
for my own interests and  
present it clearly.  
(Profile 4)

## Description

The presenter will share the origin story of the cedar tree, a cedar harvesting video, show many belongings made from cedar, and leave a cedar booklet to read & colour.

Time Frame: 1 hour

Cost: None

## Classroom Prep & Supplies Needed:

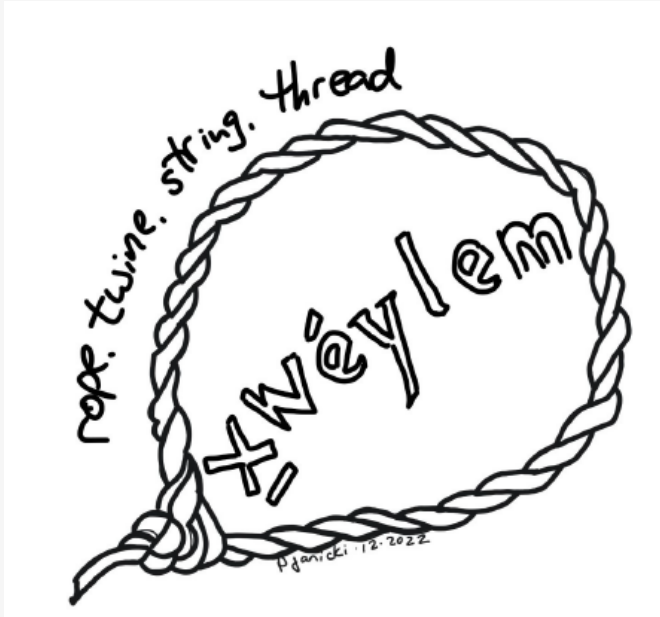
Classroom Preparation: Laptop to watch video from online VIMEO video

Tables for students to work on, view video, and space for show & tell cedar belongings

Students will need: optional, pencil, crayons, and/or pencil crayons

## Title: Cedar TWO

### Picture



### Core Competency



I gather the basic information I need and present it. (Profile 3)

I acquire the information I need for specific tasks and for my own interests and present it clearly. (Profile 4)

### Description

The presenter will share the origin story of the cedar tree, wonder if it is a giving tree, share a cedar harvesting video, twine a bracelet with students, and leave a cedar booklet to read & colour.

Time Frame: 1 hour

Cost: None

### Classroom Prep & Supplies Needed:

Classroom Preparation: Laptop to watch video from online VIMEO video  
Tables for students to work on, view video, and space to create bracelet

Students will need: optional, pencil, crayons, and/or pencil crayons

## Title: Directed Drawing

### Picture



SAMPLE ONLY

### Core Competency



### Description

The presenter will share history and basic elements of Coast Salish drawing and shapes. The presenter will lead the class in a step-by-step process to create a drawing.

Time Frame: 1 hour

Cost: None

### Classroom Prep & Supplies Needed:

Classroom Preparation: Access to wi-fi, laptop, and overhead projector to host an *online* presenter.

Students will need: pencil (optional: eraser)

## Title: Métis Directed Drawing

### Picture



Picture retrieved from  
<https://morrison.mpsd.ca/Newsletters/Documents/January%202022%20Newsletter.pdf>

### Core Competency



### Description

The presenter will centre the strength and resilience of Indigenous women and families. The presenter may share books like, “The Métis New Year“, “Métis Camp Circle“. Students learn about Métis art, history, & culture.

Time frame: 1 hour

**This presentation comes with cost, as it is done by an external presenter. Cost TBD.**

### Classroom Prep & Supplies Needed:

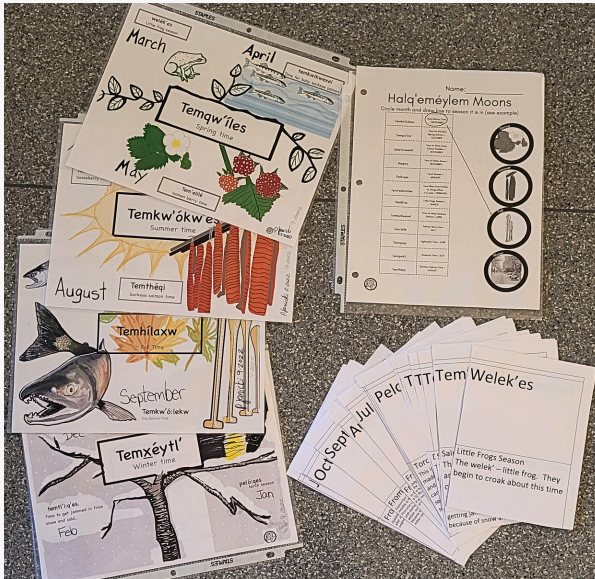
Classroom Preparation: depending on presenter, may need laptop, wi-fi, and overhead projector to host an online presenter

Students will need: pencil (eraser, optional)

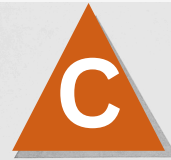


# Title: Halq'eméylem Seasons

## Picture



## Core Competency



I can work with others to achieve a common goal and can evaluate our group processes and results (Profile 3)



I can describe my thinking and how it is changing (Profile 3)

## Description

The presenter will share the Halq'eméylem words for the 4 seasons and lead the class in a matching game. There are 12 English titles and descriptions of months and 12 Halq'eméylem titles and descriptions of months; the mission is to read & match cards.

Time Frame: 1 hour

Cost: None

## Classroom Prep & Supplies Needed:

Classroom Preparation: Tables or grouped desks for students to work in groups and read month cards.

Students will need: to be divided into a minimum of 4 groups. For example, younger learners will require groups of 3 and older learners will require groups of 7 or 8.

# Title: Hand Drumming “Happy Song”

## Picture



Youtube: Happy Song - Pilalt Warrior  
Canoe Family @ Lummi 2019

## Core Competency



I can use evidence to make simple judgments: I can ask questions, make predictions, and use my senses to gather information (Profile 2)

I use observation, experience, and imagination to draw conclusions, make judgements, and ask new questions (Profile 3)

## Description

The presenter will inquiry the importance of the hand drum, share Halq'eméylem, share a video from Canoe Journeys, and invite students to keep the beat to the song. Presenter will leave worksheet.

Time Frame: 1 hour

Cost: None

## Classroom Prep & Supplies Needed:

Classroom Preparation: Laptop to watch video from online VIMEO video  
Tables for students to work on, view video, and space to listen.

Students will need: Presenter will supply pencils

# Title: Lacrosse ONE

## Picture



## Core Competency



Social Awareness and Responsibility

I can use materials respectfully.

(Profile 2)

I demonstrate respectful and inclusive behaviour in a variety of settings, and I recognize that everyone has something to offer.

(Profile 4)

## Description

The presenter will bring lacrosse sticks and share stories about their meaning and history. This show-and-tell presentations introduces students to the cultural significance of lacrosse, an important Indigenous game and Canada’s national summer sport. Students will watch a video. While there is no physical play, this presentation offers an engaging way to learn about “Creator’s Game” (Downey, 2018) and its importance to Indigenous communities.

Time Frame: 1 hour

Cost: None

## Classroom Prep & Supplies Needed:

Classroom Preparation: Student desks cleared and space for presenter supplies, and screen set up to view video.

Students will need: space to watch and listen

## Title: Lacrosse TWO

### Picture



### Core Competency



Social Awareness and Responsibility

I can use materials respectfully.

(Profile 2)

I demonstrate respectful and inclusive behaviour in a variety of settings, and I recognize that everyone has something to offer.

(Profile 4)

### Description

In this interactive presentation, students will be introduced to lacrosse, Canada's national summer sport and important game. The presenter will bring lacrosse sticks and balls, guiding students through basic handling techniques and introductory terms such as cradle, pass, and goal. Students learn about the cultural significance of lacrosse as a medicine game while actively engaging with the equipment. This hands-on experience offers an introduction to the "Creator's Game" (Downey, 2018), blending physical activity with cultural learning.

Time Frame: 1 hour

Cost: None

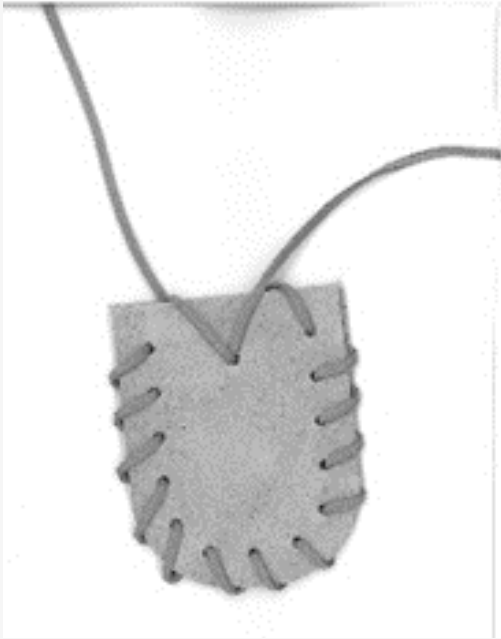
### Classroom Prep & Supplies Needed:

Classroom Preparation: Please review basic safety expectations with students prior to the session.

Student Space Requirements: A gymnasium or outdoor area with flat ground is required. Outdoor spaces must be protected from rain and allow for safe movement.

## Title: Medicine Pouch

### Picture



### Core Competency



I gather the basic information I need and present it. (Profile 3)

I acquire the information I need for specific tasks and for my own interests and present it clearly. (Profile 4)

### Description

The presenter will share the history, uses, and importance of the medicine pouch and the deer. students will create a medicine pouch of their own. Presenter will leave worksheet.

Time Frame: 1 hour

Cost: None

### Classroom Prep & Supplies Needed:

Classroom Preparation: Tables for students to work on & a quiet corner or room to work in

Students will need: table space





K-3

## Title: Métis - Tuppies/Tapis

### Picture



Dog blanket: Smithsonian 161665.000; Gwich'in/Métis  
(Barkwell, n.d.)

<https://www.scribd.com/document/45988394/Metis-Beadwork-Dog-Blankets-Tapis>

### Core Competency



I gather the basic information I need and present it. (Profile 3)

I acquire the information I need for specific tasks and for my own interests and present it clearly. (Profile 4)

### Description

The presenter may share a collection of Métis belongings, their meaning, and importance. The presenter shall bring pre-cut felt and felt decorations and share the history and meaning behind Métis tuppies (also known as dog blankets and/or Tapis). Students shall create their own miniature tuppie.

Time Frame: 45 minutes

Cost: None

### Classroom Prep & Supplies Needed:

Classroom Preparation: cleared desks

Time frame: 1 hour

Students will need: cleared desks & white glue

Cost: none

Please note: This presentation may be used in conjunction with the PEMA (Primary Elementary Metis Awareness) kit. Please contact the Siwal Si'wes Library

# Title: Pictographs (previously “Spirit Stones”)

## Picture



Figure 11. Pictographs at rock shelter site DñRi-2 (Lho:legwet), Harrison River.



## Core Competency



- I can use evidence to make simple judgements: I can ask questions, make prediction, and use my senses to gather information (Profile 2)
- I use observation, experience, and imagination to draw conclusions, make judgements and ask new questions. (Profile 3)

## Description

The presenter will define pictographs and petroglyphs and share information and meaning behind Stó:lō pictographs. Students shall decide on a symbol from given examples to draw and colour on the stones they receive.

Time frame: 30-45 minutes

Cost: None

## Classroom Prep & Supplies Needed:

Classroom Preparation: open space to listen to presenter share information

Students will need: cleared desks and pencils

# Title: Project of Heart Canoe (POHC) - Sqwéxem

## Picture



## Core Competency



- I can use evidence to make simple judgements: I can ask questions, make prediction, and use my senses to gather information (Profile 2)
- I use observation, experience, and imagination to draw conclusions, make judgements and ask new questions. (Profile 3)

## Description

The presenter will share the two categories of Stó:lō stories: Sxwōxwiyám (stories of long ago) and Sqwélqwel (recent news) and the Cedar Tree story. The presenter will share the relationship between war canoes and climate change. Students shall compare and contrast traditional dug-out war canoes to cedar strip war canoes. The canoe is part of the POHC e-book found on website: [BCTF: The Project of Heart Canoe e-book](#) (116-pages).

Please contact Peggy Janicki directly at [peggy.janicki@mpsd.ca](mailto:peggy.janicki@mpsd.ca)

Time Frame: 40-45minutes.

Cost: None

## Classroom Prep & Supplies Needed:

Classroom Preparation: Canoe needs a large space as it is 609.6cm x 53.44cm (20 feet long and 21 inches wide). The canoe can be on sawhorses (as seen above) or on top of cleared desks or tables. Also, depending on space may need a student helper to carry from vehicle. Please consider if the canoe can make it through front door to final spot. Students will need: Pencil



# Title: Ribbon Skirt - Bookmark

## Picture



## Core Competency



I gather the basic information I need and present it. (Profile 3)

I acquire the information I need for specific tasks and for my own interests and present it clearly. (Profile 4)

## Description

The presenter will share the history and importance of the ribbon skirt via book sharing and stories. Also, they shall feature the book, “What Your Ribbon Skirt Means to Me : Deb Haaland's Historic Inauguration“ and examples of ribbon skirts. The presenter shall bring supplies to create a miniature ribbon skirt, see photo.

Time Frame: 45 minutes

Cost: None

## Classroom Prep & Supplies Needed:

Classroom Preparation: Tables for students to work on & a quiet corner or room to work in

Students will need: Pencil & Scissors

**Title: Sacred Teaching of the Year,  
Slálem - Teaching of Truth - Lexwsthe'it**

Picture



Artwork by Ovi Mailhot

Core Competency



I can find some  
evidence and  
make  
judgements

Description

The presenter will share the teachings of Slálem/Turtle Lexwsthe'it/Truth, this year's Sacred Teaching. The presenter shall share Stó:lō stories, history and examples. They shall also share the artists', Ovi Mailhot's, rendering and meaning

Time Frame: 30-45 minutes

Cost: None

Classroom Prep & Supplies Needed:

Classroom Preparation: Tables for students to work on & a quiet corner or room to work in  
Students will need: cleared desks, pencil , pencil crayon, and/or crayons

## Title: Stó:lō Sitel Stories

### Picture



### Core Competency



I use observation, experience, and imagination to draw conclusions, make judgements and ask new questions.(Profile 3)

### Description

The presenter will share the two categories of Stó:lō stories: Sxwōxwiyám (stories of long ago) and Sqwélqwel (recent news). The Stó:lō Sitel collection of books, published in the early 1980's, are aligned with very old and timeless stories. The presenter will share from this important array of books.

Time Frame: 30-45minutes.

Cost: None

### Classroom Prep & Supplies Needed:

Classroom Preparation: Tables for students to work on & a quiet corner or room to work in

Students will need: Pencil & Scissors

# Title: Travel Tea (sewing machine required)

## Picture



## Core Competency



- I can examine evidence from various perspectives to analyze and make well-supported judgements about and interpretations of complex issues

## Description

The presenter will share about Canada's anti-potlatch laws, Indigenous Laws, and rules around the use of large game, like moose, elk, and deer. Also, how these rules continue into small textiles and today's context of ceremonies and "Giveaways". Please note, tea bag packages, sugar, and spoon are *not* included.

Time Frame: 90 minutes/ 1 block

Cost: None

## Classroom Prep & Supplies Needed:

Classroom Preparation: Tables for students to work on

Students will need: sewing machine, thread, fabric 11 inches x 11 inches, button, 2 inch elastic for loop, pins, fabric scissors, and needle.

UNREVISED Presentations  
begins here

This page is blank to show  
a division of presentations

## Title: Beading (keychain & bracelet)

### Picture



(Dorian, 2014)

### Core Competency

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### Description

The presenter will share with students how to make a keychain and/or bracelet using larger plastic pony-size beads. Also, they shall share the importance of beading to Indigenous people. The presenter will lead the students in creating their own bracelet or keychain using beads and leather lacing.

Time Frame: 1 hour

Cost: None

### Classroom Prep & Supplies Needed:

Classroom Preparation: Tables for students to work on & a quiet corner or room to work in  
Students will need: cleared desk



Picture

[[Photograph of beaded mittens from SD75 Cultural Presentation booklet], 2023)

Core Competency

(left blank to show unrevised status)

Description

The presenter may share a collection of Métis belongings and explain the function of the mitts as a way to protect their hands and to showcase their art.

The presenter will bring pre-cut felt mittens and felt decorations. Finished mittens are approximately 7 cm (3 inches) tall.

Time frame: 1 hour

Cost: none

Classroom Prep & Supplies Needed:

Classroom Preparation: cleared desks

Students will need: white glue

Please note: This presentation may be used in conjunction with the PEMA (Primary Elementary Metis Awareness) kit. Please contact the Siwal Si'wes Library

Picture

([Halq'emeylem - Drumming and Song], 2021)

Core Competency

(left blank to show unrevised status)

Description

The presenter will:

- bring in a class set of drums.
- teach the importance of the drum to Indigenous people.
- introduce the students to drumming techniques and share community-shared, traditional Stó:lō songs and dance.

Time Frame: 45 minutes

Cost: None

Classroom Prep & Supplies Needed:

Classroom Preparation: open space for students to stand together and drum

Students will need: pencil



Picture

(photo credits: P. Janicki)

Core Competency

(left blank to show unrevised status)

Description

The Salmon Release and all Stó:lō ceremonies remain vital and will continue to be offered. As these events fall within the realm of ceremony, we recognize the importance of approaching them with the depth of discussion and thoughtful planning that ceremonial practice deserves.

We invite school communities and staff to continue to engage in conversation around how these opportunities can be best supported and honoured.

Timeframe: to be determined

Cost: to be determined

Classroom Prep & Supplies Needed:

Educational space: supplies and preparation will be as discussed

Picture

([Bannock - Baked], 2021)

Core Competency

(left blank to show unrevised status)

Description

The presenter will:

- share the historical context of Bannock.
- share how to make Bannock and the protocol for serving guests. and the protocol for serving guests.

Time Frame: up to 2 hours depending on student engagement with baking.

Cost: School and/or Class shall supply ingredient list (eg. flour, sugar, baking powder, etc.)

Classroom Prep & Supplies Needed:

Classroom Preparation: cleared desks AND an oven for baking only

Students will need: soap & water to wash hands

4-12

## Title: Slahal

(aka. lahal/stick game/bone game)

### Picture



photo retrieved from:  
<https://www.stologiftshop.com/slahal-set.html>

### Core Competency

(left blank to show unrevised status)

### Description

The presenter will bring slahal set and q'owét (drum or drum boxes) and introduce students to the traditional Slahal game. Through hands-on participation, students will learn the foundational skills and rules of play, while exploring the cultural significance of the game within Indigenous communities.

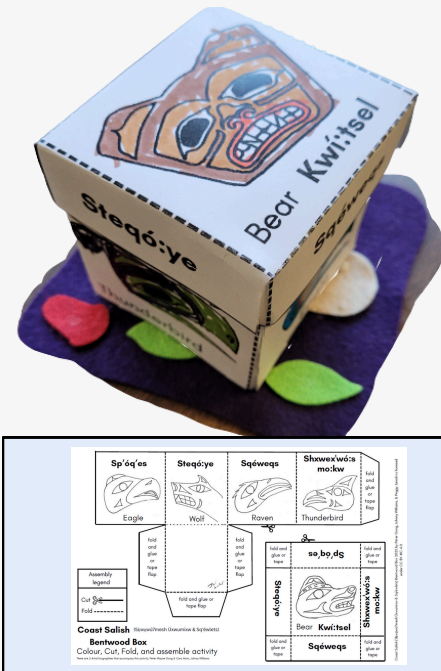
Timeframe: 60 minutes

Cost: none

### Classroom Prep & Supplies Needed:

Classroom Preparation: cleared desks and students may work in pairs

Students will need: pencil

PictureCore Competency

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Description

The presenter will share history and meaning of the bentwood box. It is an important item to Tlingit, Haida, Tsimshian, and Bella Bella families and communities. They are traditionally made from cedar and steamed into its shape. The presenter will share a cardstock example of bentwood box that is to be coloured and glued together.

Timeframe: 45 minutes

Cost: none

Classroom Prep & Supplies Needed:

Classroom Preparation: back up glue

Students will need: cleared desk, scissors, pencils, pencil crayons and/or crayons.

3-6

## Title: Button Blanket - Wall Hanging

### Picture



### Core Competency

(left blank to show unrevised status)

### Description

The presenter will share the definition of who are Indigenous Peoples. They shall show-and-tell a button blanket and share about First Nations' laws and ceremonies, feasting, and textiles. The presenter shall bring supplies for students to assemble their own wall hanging.

Timeframe: 45 -60 minutes

Cost: None

### Classroom Prep & Supplies Needed:

Classroom Preparation: an open area to begin a sharing circle or a show and tell and cleared desks

Students will need: Scissors and glue

3-12

## Title: Stó:lō Hunting & Fishing Tools

### Picture



### Core Competency

(left blank to show unrevised status)

### Description

The presenter will bring Stó:lō fishing and hunting tools. They shall share the importance of the obligations to the land [S'olh Téméxw], the seasons, and stories.

Timeframe: 45 minutes

Cost: None

### Classroom Prep & Supplies Needed:

Classroom Preparation: need an open area for show and tell (nets and spears are very long)

Students will need: cleared desks



4-12

## Title: Halq'eméylem - Greetings

### Picture



### Core Competency

(left blank to show unrevised status)

### Description

The presenter will explain the importance of oral tradition of the Stó:lō people and teach basic greetings in Halq'eméylem.

Timeframe: 45min-1hour

Cost: None

### Classroom Prep & Supplies Needed:

Classroom Preparation: a space for a sharing circle

Students will need: cleared desks

4-12

## Title: Indigenous Plant Walk

### Picture



photo retrieved from:  
<https://www.alltrails.com/trail/canada/british-columbia/silverdale-creek-wetland-trail/photos>

### Core Competency

(left blank to show unrevised status)

### Description

On site, the presenter will identify and share various plant species and their uses. Also, they shall share Sxwōxwiyám [Stó:lō stories of long ago] and S'olh tém:éxw [obligations to the land].

Timeframe: depends on site, please enquire

Cost: None

### Classroom Prep & Supplies Needed:

Classroom Preparation: students will need to be outside at various plant sites  
Students will need: to dress for the weather



4-12

## Title: Loom beading

### Picture



Picture retrieved from: amazon.ca

### Core Competency

(left blank to show unrevised status)

### Description

The presenter will share the importance, history and some meanings of embellishment, via beads and beading. The presenter shall present how to: warp a beading loom, sew beads onto loom, and finish project. Extra adult help is welcomed, as this requires working with small beads, thread, and fine motor skills.

Timeframe: 1/2 day to full day, please enquire

Cost: None

### Classroom Prep & Supplies Needed:

Classroom Preparation: quiet space to work in  
Students will need: cleared desk or table.

Picture

Picture retrieved from: <https://www.teacherspayteachers.com/Product/The-Moose-Hide-Campaign-as-medicine-an-Indigenous-innovation-for-ALL-7506310>

Core Competency

(left blank to show unrevised status)

Description

The presenter will share introductory information about the medicine wheel and its four directions. Each quadrant speaks to connection, emotions, mental, and physical. Also, that each quadrant needs to be balanced to have holistic wellness.

Timeframe: 45min-1hour

Cost: None

Classroom Prep & Supplies Needed:

Classroom Preparation: an open space for a show and tell portion of presentation

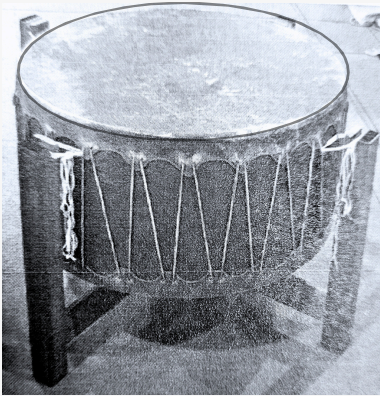
Students will need: pencil, pencil crayons/crayons, scissors (optional)

# Title: Powwow Drumming

## Picture



Photo retrieved from:  
<https://www.missioncityrecord.com/community/photos-video-intertribal-powwow-presented-by-missions-aboriginal-students-2123008>



## Core Competency

(left blank to show unrevised status)

## Description

The presenter will share the history and meaning of the powwow drum and lead a session where students are invited to drum.

Timeframe: 30min - 2 hours, please enquire

## Classroom Prep & Supplies Needed:

Classroom Preparation: will need a space where noise level does not matter and an open space to fit a large drum and chairs all around.

Students will need: cleared desks

4-12

## Title: Salish Weaving - Half day OR Whole Day

### Picture



### Core Competency

(left blank to show unrevised status)

### Description

The presenter will share some history and stories of resurgence about Salish Weaving. The presenter will, depending on time, show how to: make a cardboard loom, warp a loom, weave on the loom, and finish small project.

Timeframe: depends on project, 1/2 day to full day.

Cost: None

### Classroom Prep & Supplies Needed:

Classroom Preparation: needs a space to listen to presenter tell history

Students will need: cleared desks, scissors

## Picture



Image retrieved from: [https://www.youtube.com/watch?v=mg3Ua\\_VI7EM](https://www.youtube.com/watch?v=mg3Ua_VI7EM)

## Core Competency

(left blank to show unrevised status)

## Description

The presenter will work from a flat piece of soapstone and demonstrate the carving procedure. Students will use their imagination on what to carve. The carving comes with a pre-drilled hole in the centre to imitate a traditional seal oil lamp.

**This presentation comes with cost, as it is done by an external presenter. Cost TBD.**

Timeframe: 1/2 day

Cost: TBD

## Classroom Prep & Supplies Needed:

Classroom Preparation: Disposable masks should be made available as the process is very dusty. Also, students will have to cover their desks in newspaper. Some classes prefer to do this presentation outdoors

Students will need: old shirt, 1 piece of steel wool, newspaper

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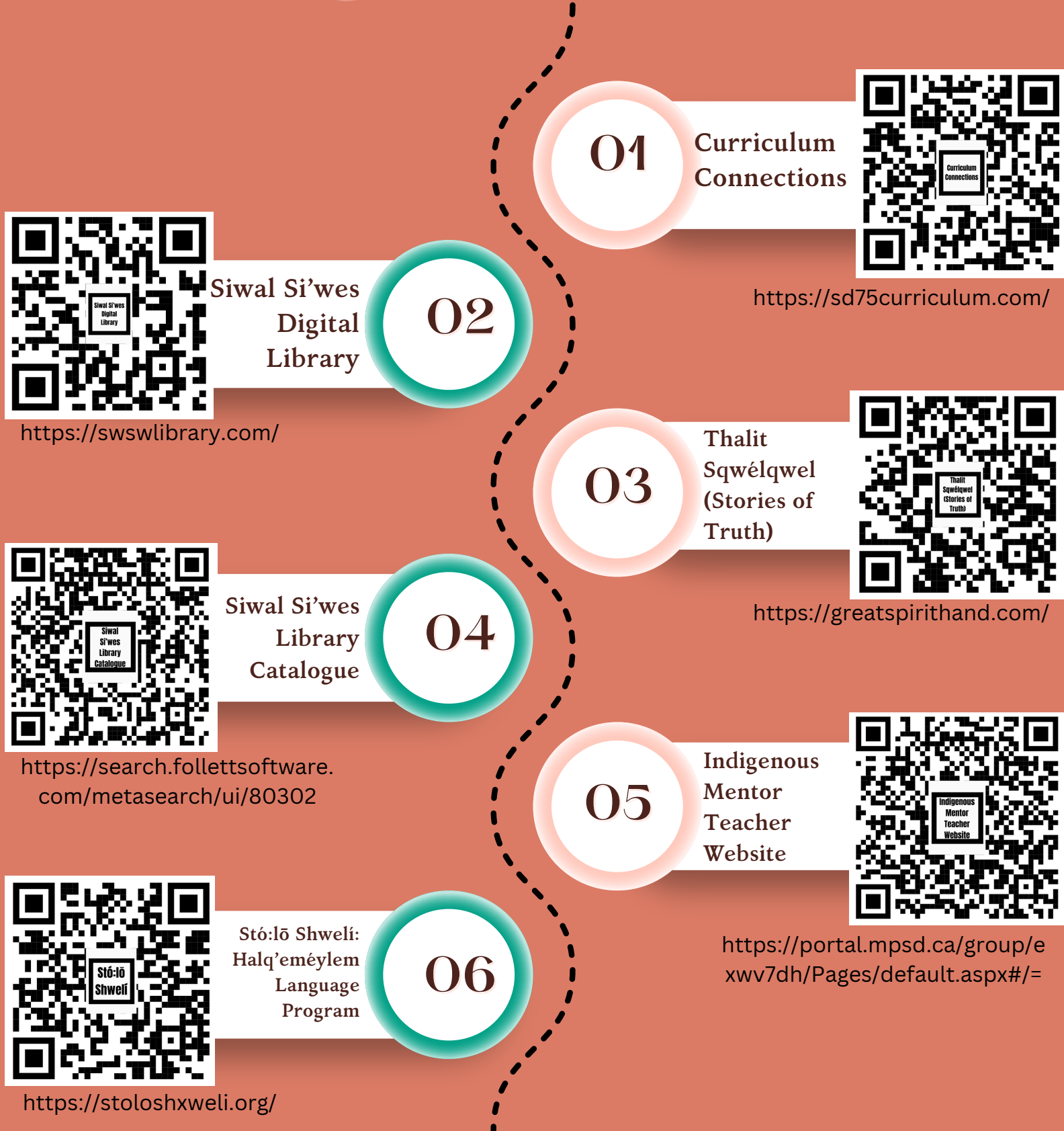
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# 6 items to Support Indigenous Learning in your classroom \*



\*This is an *introductory* list and not meant to be an exhaustive list



Siwal Si'wes Indigenous Education  
Mission Public Schools



# Cultural Presentations 2025-2026



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To book a Presenter or for further information  
contact school's ILW (Indigenous Liaison Worker).

**or**

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email : marcy.buell@mpsd.ca