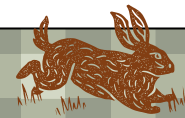


Mission



November

Date	Hot Lunch	Vegetarian Lunch	Fruit	Cold Lunch
Monday November 3	Beef Meatball Marinara on Spaghetti with Fruit	Veggie Meatball Marinara on Spaghetti with Fruit	Raspberry Yogurt Parfait	Deli Chicken Sandwich with Mandarin & Brownie
Wednesday November 5	Fun Lunch! Crispy Chicken Bites with Wedge Potatoes	Fun Lunch! Crispy Veggie Strips with Wedge Potatoes	Melon Cup	Roast Beef Sandwich with Peach Cup & Banana Muffin
Friday November 7	Bacon Mac & Cheese with Fruit	Mac & Cheese with Fruit	Pineapple Cup	Chicken Caesar Wrap with Carrots + Dip & Double Chocolate Cookie
Monday November 10	Non-Instructional Day			
Wednesday November 12	Greek Chicken & Carrots on Rice with Tzatziki Sauce	Greek Chickpeas & Carrots on Rice with Tzatziki Sauce	Fruit Cup	Protein Lunch Box with Zucchini Muffin
Friday November 14	Fun Lunch! Pulled BBQ Chicken Burgers with Chips	Fun Lunch! Pulled BBQ Jackfruit Burgers with Chips	Grape Cup	Tandoori Chicken Wrap with Cucumber + Dip & Chocolate Chip Cookie





Date	Hot Lunch	Vegetarian Lunch	Fruit	Cold Lunch
Monday November 17	Creamy Rose Chicken & Broccoli Penne	Creamy Rose Broccoli Penne	Mango Yogurt Parfait	Greek Chicken Wrap with Peach Apple Sauce & Granola Bar
Wednesday November 19	Beef Tacos with Tator Tots	Veggie Ground Tacos with Tator Tots	Melon Cup	Fried Egg Sandwich with a Mandarin & Carrot Muffin
Friday November 21	Butter Chicken on Rice with Mixed Veggies	Butter Paneer on Rice with Mixed Veggies	Pineapple Cup	Chef Salad with Banana Cake
Monday November 24	Meat Sauce & Penne with Fruit	Veggie Ground Sauce & Penne with Fruit	Blackberry Yogurt Parfait	Chicken Taco Wrap with an Apple & Granola Trail Mix
Wednesday November 26	BBQ Chicken on Vegetable Rice	BBQ Veggie Tenders on Vegetable Rice	Grape Cup	Deli Turkey Sandwich with Peach Cup & Blueberry Muffin
Friday November 28	Half Day - No Lunches			

