

Anaphylaxis Management Plan for: _____ **Date:** _____

The prevention plan is required to establish what measures can be taken to limit the child's risk of exposure to an allergen to an appropriate level. The principal (or designate) in a meeting with the parent(s) / guardian (s) of the student with anaphylaxis will complete the Anaphylaxis Management Plan form. The management required will be communicated to staff and other parents (if necessary) by the principal (or designate).

General measures to be discussed (check required measures):

- Designate a safe eating area in the classroom that has good ventilation.
- Establish a hand washing and desktop washing routine after eating, particularly for younger students.
- Encourage the anaphylactic child to place waxed paper or a napkin on the desktop, remove only one item at a time from lunch kit and not to leave food unattended.
- Label food with the student's name.
- Discourage sharing of food, utensils or containers.
- Limit the anaphylactic child to food brought from his or her home or provided by the parent for the entire class.
- If foods come from other homes into the classroom, remind parents of the anaphylactic child's allergens and insist on ingredient lists.
- Consider measures for holidays and special celebrations.
- Consider allergens in school activities (composting, gardening, school fundraisers, vending machine options, yard clean-up, art projects, science projects, toys, seasonal activities).

Describe specific plans:

If food cannot be eliminated or there is lower risk of accidental exposure (such as milk anaphylaxis) the above measures may be adequate.

Increased Avoidance Measures

To reduce risk to an acceptable and realistic level, create "allergen aware" areas of the school.

- If possible, avoid using the classroom of an anaphylactic child as a lunchroom.
- If the classroom must be used as a lunchroom, establish it as an "allergen aware" area, using a cooperative approach with students and parents in the class.
- Develop strategies for identifying high-risk areas for anaphylactic students (such as the library, computer room, music room and gym). Establish these as "allergen aware" areas. Discourage eating / drinking (other than water) in these areas.

Describe “allergen aware” area plan:

- It is recommended the parent share information in a meeting with other parents in the affected classroom, in consultation with the principal, to explain the seriousness of the situation.

Describe plan:

- Principal or designate will send a letter to parents in the classroom requesting they not send the offending food or foods that may contain that ingredient. Provide parents with a listing of ways the offending food may be found in ingredient labels.

Describe plan:

- Management - Anaphylactic children who have demonstrated maturity (as determined by the child’s parents) should carry at least one auto-injector with them at all times*. The school will keep at least 1 extra auto-injector in the office, in case of an emergency. Ensure that auto-injectors are stored in a safe (unlocked) but an easily accessible location and that staff has been informed of the auto-injector’s location.

Describe plan

Consult a Registered Dietician through Healthlink BC 8-1-1 if required. By phone from 9 am to 5 pm Pacific Time Monday to Friday, or you can [Email a HealthLinkBC Dietitian](#).
(Information retrieved from [HealthLink BC 8-1-1 Services | HealthLink BC](#) November 25, 2022)

* Aligns with Provincial resource [Anaphylaxis Awareness-Avoidance Strategies & Checklists \(DOC\)](#).