

Section:	School Administration	
Title:	Weighted Vests and Blankets	3.13.1

Purpose

To provide direction for the use of weighted vests or blankets and compression vests with students in schools.

General Guidelines:

1. Weighted vests or blankets and compression vests are only to be used under the direction and guidance of an Occupational Therapist.
2. Before using or considering using one of these tools with a student, the Occupational Therapist contracted by Mission Public Schools must complete the **Compression Vest and Weighted Vest/Blanket Protocol**.
3. The **Compression Vest and Weighted Vest/Blanket Protocol** will be signed and kept on file in the student’s G4 file as well as the student services file located at the Board of Education office.
4. No weighted vests or blankets and compression vests can be used until the protocol is in place.

Forms:

- [Compression Vest & Weighted Vest or Blanket Protocol](#)

Dated approved: July 2021 (formerly administrative procedure #120)