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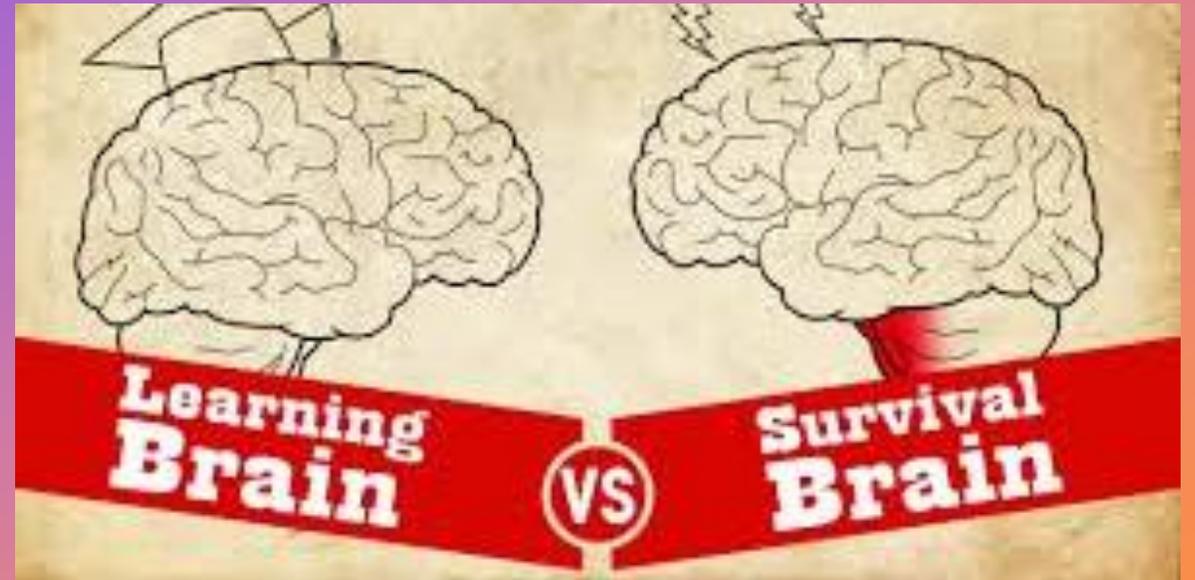
# BETH-ANNE CULLEN

Acting District Principal of Student  
Services



# IS NOT BEHAVIOURAL IT'S SURVIVAL

Our New Lens



# My Role



Continue to educate others on how the brain plays a role in behaviours (both overt and covert)

Be present in schools and help develop behavioural plans to support students who are struggling

# Approach



WITH EDUCATION ON HOW  
THE BRAIN WORKS- CREATE  
PLANS THAT WILL HELP  
STUDENTS BRING THEIR BACK  
ONLINE



HELP CREATE TRAUMA  
INFORMED SCHOOLS  
THROUGH BRAIN-BASED  
RESEARCH AND PRACTICE



USE THE PEACEFUL SCHOOLS  
MODEL HAS A BASE FOR THE  
SCHOOLS TO BEGIN

# 7 Developmental Domains ( no one eats apples in BC )



**N:** Neurological  
and Biological –  
effects of brain  
development

**O:** Overactive-  
stress response

**E:** Emotional  
Regulation

**A:** Attachment  
style and  
Relationships

**I:** Identity  
development

**B:** Behavioural  
regulation

**C:** Cognitive and  
language  
development



# PEACEful Schools

- P: Predictable Routines
- E: Emotional Literacy
- A: Attuned relationships
- C: Calming activities
- E: Empowerment