

COSMETOLOGY 12B

- Complementary Esthetics for Cosmetology

District Name: Mission
District Number: 75

Developed by: Paula Marie Skalnek
School Name: Riverside Trades Training & Career Centre
Principal's Name: Dennis Goosen, Vice-principal: Stan Weir
Board/Authority Approval Date: January 18, 2005

Board/Authority Signature:

Course Name: Complementary Esthetics for Cosmetology
Grade Level of Course: 12
Number of Course Credits: 4
Number of Hours of Instruction: 120

Prerequisite(s):
Must have taken Units 1 and 2 from course #1

Special Training, Facilities or Equipment Required:

Instructor must have: proof of recent Cosmetology experience, experience in teaching the fundamentals of Cosmetology in a salon or classroom environment, current advanced education in product knowledge and technical skills.

The instructor must be a member in good standing in the Cosmetology Industry Association of BC or hold a current license from the Province, State or country last resided in.

The facilities should include both a classroom and a salon setting.

For classroom purposes – white or chalkboard and writing materials, overhead projector, transparencies, VCR, television, Internet access for research projects, appropriate textbooks, workbooks and a resource library.

Salon: Manicure station, products and tools, wigs, hair pieces and hair extensions for demonstrations, maintenance equipment and products such as brooms, mirror cleansers, etc., sanitation products and proper containers such as barbicide, alcohol and bleach.

Course Synopsis:

This course offers the required lessons to complete the Cosmetology Industry Association standards for the Province.

Rationale:

All students must have all four courses of instruction to meet the requirements for the Entrance Exam for the industry.

Organizational Structure:

Unit	Title	Time
Unit 1	Anatomy and Physiology	35
Unit 2	Electricity	10
Unit 3	The Nails	30
Unit 4	Skin Care and Cosmetics	25
Unit 5	Wigs and Hair Extensions	20
	Total Hours	120 hours

Unit/Topic/Module Descriptions:

Unit 1: Overview

This unit examines Human Anatomy and Physiology and how the health of the hair and skin are maintained through proper functioning of all eight body systems.

Curriculum Organizers and Learning Outcomes

The student will be expected to:

- Explain the structure and function of cells, tissues, organs and body systems.
- Understand the Cosmetological significance of the structures of the 8 body systems.

Unit 2: Overview

This unit gives a brief introduction to electricity. It covers information regarding patterns of installation for lighting and electrical outlets, various types of power sources and the safe use of electrical appliances in a salon setting.

Curriculum Organizers and Learning Outcomes

The student will be expected to:

- Define major terminology used in electricity.
- Describe safety measures for the use of electricity in the salon.
- List 3 effects created by electric currents.
- Explain electrotherapy.
- Define and explain light therapy treatments.

Unit 3: Overview

This unit covers the basics in nail histology, manicures and pedicures. The emphasis is on the hygienic practice of these services. The relationships between skin, hair and nails will be explored.

Curriculum Organizers and Learning Outcomes

The student will be expected to:

- Describe the structure, growth and conditions, disorders and diseases of the nail.
- Explain and demonstrate a basic manicure.
- Explain the procedure for basic pedicures.
- Explain services for artificial nail applications and care.

Unit 4: Overview

This unit covers basics in skin histology, skin care and cosmetics.

Curriculum Organizers and Learning Outcomes

The student will be expected to:

- Define the structure, function of skin.
- Describe four skin types and outline skin care for each.
- Describe and identify various disorders and diseases of the skin.
- Explain the basic steps in make-up applications.
- Explain the difference between temporary and permanent hair removal techniques.

Unit 5: Overview

Wigs and hair extensions are very popular in the fashion forward styling salons. Wigs are also worn by clients in medical situations that resulted in hair loss. This unit will introduce the techniques for the proper applications and care of hair extensions, wigs and other hairpieces.

Curriculum Organizers and Learning Outcomes

The student will be expected to:

- Define hair additions.
- Describe 5 methods of attachment.
- Relay reasons for the wearing of wigs.
- Describe the procedures for wig care.

Instructional Component:

Direct instruction
Demonstrations
Group work
Videos
Hands-on-Practical

Assessment Component:

Assignments
In class quizzes
Homework exercises
Rubrics
Unit exams – written and oral

Learning Resources:

Textbook: Pivot Point International – Salon Fundamentals
Guest speakers
Instructor generated teaching tools – assignments, word lists, and handouts

Additional Information: These units may be modified as instructor sees fit. Due to the fluctuations in fashion trends, the emphasis and timing may be adjusted in these units. For instance, if a number of students are interested in working in a spa or a full-service salon, it may prove advantageous to prepare them with increased hours in Unit 4 and decrease hours in Unit 5.